

CERTIFICATE OF PARTICIPATION

This is to certify that

Tshilidzi Ralushai

Has successfully participated & completed the
48km SA Run 4 Cancer Ultra Marathon 2019
held at Polokwane Rugby Fields.

TIME 05:21:15

PACE 06:40/km

GENDER 197 of 366

OVERALL 218 of 421

SENIOR (20-39) 113 of 182



26 October 2019, Sat

Date

BoutTime

Signature

